

Elementary School Lunch Menu*

Term 1

For the weeks of:
 Aug 30th - Sept 3rd
 Sept 20th - Sept 24th
 Oct 11th - Oct 15th
 Nov 1st - Nov 5th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Favorites Station					
Speciality Entrée	BBQ Burger w/Coleslaw	Turkey Sausage Pizza	Sweet & Sour Grilled Chicken w/ Vegetables & Brown Rice	Turkey Chili w/ Whole Grain Tortilla Chips	Mumbo Chicken Drumstick w/ Whole Grain Honey Corn Biscuit
Vegetarian Entrée	Garden Burger w/ Mustard V	Classic Cheese Pizza V	Vegan Sweet & Sour Veggie Bean Mix & Brown Rice VE	Rainbow Vegan Chill w/ Tortilla Chips VE	Bean & Cheese Burrito V
Vegetables From the Field	BBQ Baked Beans	Roasted Broccoli Florets	Mixed Garden Vegetables	Seasoned Carrot Coins	Roasted Corn
Garden Bar Salad (Kale, Cherry Tomatoes, Curried Chickpeas & Carrots) with Dressing					
Grab & Go Station					
Includes Available Vegetable, Fruit, and Milk Choices					
Fast Takes	Turkey Ham & Cheese Sub Sandwich	Chicken Salad Sandwich	Sunbutter & Jelly Sandwich VE	Italian Sandwich	Hearty Garden Salad w/ Whole Grain Tortilla Chips V
Fruits	Chilled Pineapples	Fresh Apple	Fresh Peach	Fresh Banana	Fresh Pear
Choose a Milk					
Milk	Nonfat or 1% White Milk				

*Subject to change based on availability

V - indicates vegetarian

VE - indicates vegan

Green Color Font - indicates locally sources produce

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Elementary School Lunch Menu*

Term 1

For the weeks of:
Sept 6th - Sept 10th
Sept 27th - Oct 1st
Oct 18th - Oct 22nd

MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY											
Favorites Station																																			
Speciality Entrée						Turkey Hot Dog						Chicken Alfredo Macaroni w/ Garlic Knot Bread						Teriyaki Grilled Chicken w/ Vegetables and Brown Rice						Breakfast for Lunch: Boiled Egg, Turkey Sausage & Maple Pancakes						Chicken Quesadilla w/ Salsa					
Vegetarian Entrée						Grilled Cheese Sandwich V						Veggie Alfredo Macaroni w/ Garlic Knot Bread V						Vegan Teriyaki Mix w/ Brown Rice VE						Breakfast for Lunch: Boiled Egg & Maple Pancakes V						Cheese Quesadilla w/ Salsa V					
Vegetables From the Field						Blue Ribbon Slaw						Seasoned Green Beans						Orange Broccoli						Steamed Corn						Mexican Black Beans					
Garden Bar Salad (Mixed Salad Greens, Cherry Tomatoes, Corn & Carrots) with Dressing																																			
Grab & Go Station																																			
Includes Available Vegetable, Fruit, and Milk Choices																																			
Fast Takes						Chef Salad Wrap						Southwest Chicken Sandwich						Sweet Potato Wrap VE						Chilly Philly Sub Sandwich						Chicken Taco Salad					
Fruits						All-Mixed-Up Fruit Cup						Fresh Grapes						Fresh Nectarines						Fresh Pear						Fresh Peach					
Choose a Milk																																			
Milk						Nonfat or 1% White Milk																													

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Elementary School Lunch Menu*

Term 1

For the weeks of:
Sept 13th - Sept 17th
Oct 4th - Oct 8th
Oct 25th - Oct 29th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Favorites Station

Speciality Entrée	Turkey Macaroni w/ Garlic Knot Bread	Jamaican Jerk Chicken Bowl w/ Brown Rice	Buffalo Chicken Nachos	Traditional Hamburger w/ Mustard	Spaghetti w/Turkey Meat Sauce w/ Cheesy Breadstick
Vegetarian Entrée	Glorious Macaroni & Cheese w/ Garlic Knot Bread V	Baked Tofu Bowl w/ Brown Rice VE	Southwest Black Bean Nachos V	Garden Burger w/ Mustard V	Veggie Tortellini w/ Cheesy Breadstick V
Vegetables From the Field	Roasted Ginger Kale	Jerk Lentils	Buffalo Cauliflower	Seasoned Potato Wedges	Citrus Glazed Carrots
Garden Bar Salad (Mixed Salad Greens, Cherry Tomatoes, Cucumber & Carrots) with Dressing					

Grab & Go Station

Includes Available Vegetable, Fruit, and Milk Choices					
Fast Takes	Classic Chef Salad w/ Garlic Knot Bread	Chicken Dipper Salad w/ Tortilla Chips	Buffalo Chicken Wrap	Sunbutter & Jelly Sandwich VE	Chicken Caesar Salad w/ Dinner Roll

Fruits	Fresh Pear	Mandarin Oranges	Applesauce Cup	Fresh Banana	Fresh Apple Slices
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Choose a Milk

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